Thomas Vincent Ramos was born on September 17, 1887 in Tulian, Puerto Cortez in the Republic of Honduras.

In 1914, at age 26 became married to Eliza Marian Fuentes and together had twelve children.

In 1923, at age 36 he migrated to Dangriga and was a farmer, a businessman, a candy maker, a boxing manager as well as a song composer and writer.

In 1924 he formed the Carib Development Society, which was successful in obtaining 800 acres of land at Sarawee Village which was later designated as a Carib Reserve.

In 1926, he became an active member of the Carib International Burial Fund Society; he later went on to establish the Colonial Instruction Association and the Independent Manhood and Exodus Uplift Society.

These organizations were all geared towards the advancement of the Garinagu. They provided sick and death benefits and executed an educational program.

He was a member of the Stann Creek District Board from 1927-1929.

He originated the observance of the first Carib Settlement Day in Dangriga in 1941. In 1942 this observance spread to Hopkins, Seine Beight, Punta Gorda and Barranco.

In 1943, he along Pantaleon Hernandez and Domingo Ventura went to the Governor requesting that Carib Settlement Day be a public holiday in the Garifuna Communities. The same year this was achieved for the Stann Creek District and for the Toledo District in 1944.

In the late 1940's he was the Stann Creek Correspondent for “The Belize Independent, a newspaper which was published weekly during the 1940's.

Today November 19th is recognized as Garifuna Settlement Day throughout the country and is celebrated as a National Holiday.

In 1954, he became naturalized as a British subject.

He died on November 13th, 1955 at age 68. In 1965, a monument was erected in his honour at the Princess Royal Children’s Playground in Dangriga. On November 13th, 1990, a bust was erected at the Garden of Gethsemane, Dangriga.

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